

Safe Community & Healthy City



Safe Community is Cost Effectiveness

Kwai Tsing Experience

C B Chow^{1,2}, Adela S F Lai^{1,2}, M Leung^{1,2}, Y H Chow^{1,2,3}

1- Princess Margaret Hospital, 2- Kwai Tsing Safe Community and Health City Association, 3-Kwai Tsing District Council

Centre on Injury Prevention and Safety Promotion, Kwai Tsing Safe Community and Healthy City

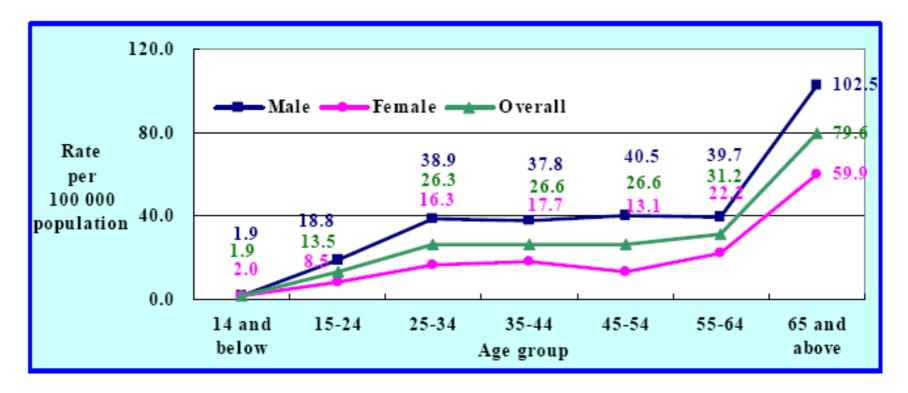


Summary



- Health care cost of injuries is tremendous
 - HK\$ 4,389 million for years production life loss
 - HK\$ 2,070 million direct injury cost per year
 - ? Indirect cost usually > 3x of direct medical cost
- Injury can be prevented
- Kwai Tsing Safe Community has achieved a reduction of 30% of injuries in 5 years through strategically planned projects with collaborative efforts among all sectors in the community with a cost benefit ratio of >> 5
- New strategy basing on a GIS injury surveillance will be described

Injury death rates by sex and age group ,2006 (HK)



Note: * Rate per 100 000 population of respective sex and age group.

Sources: Department of Health; Census and Statistics Department.

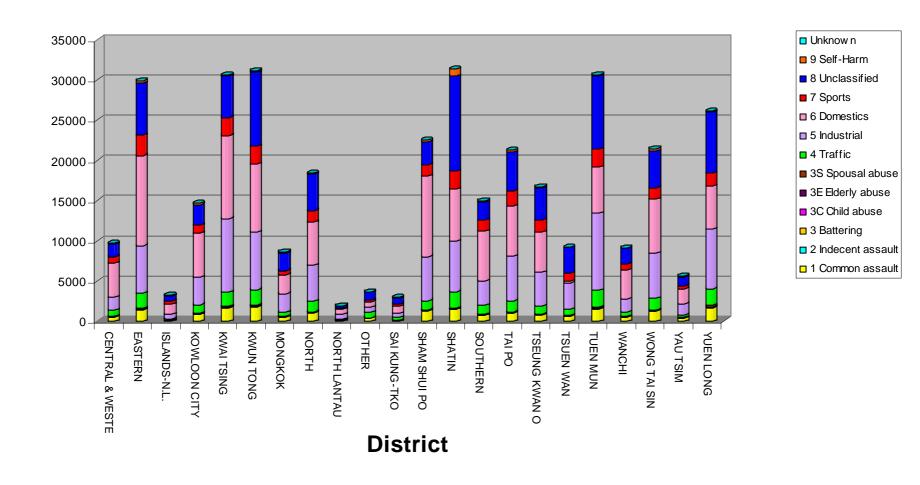
Estimated production life loss from injury mortalities 2006

- No. of mortalities below the age of 65: 1,274^Ψ
- Total loss of working period: 31,230 years
- Average production loss: 24.5 years
- Mean wage as at Sept 2007: HK\$ 11,712/month^σ (manufacturing)
- Estimated production loss: HK\$11,712/month * 12months * 31,230

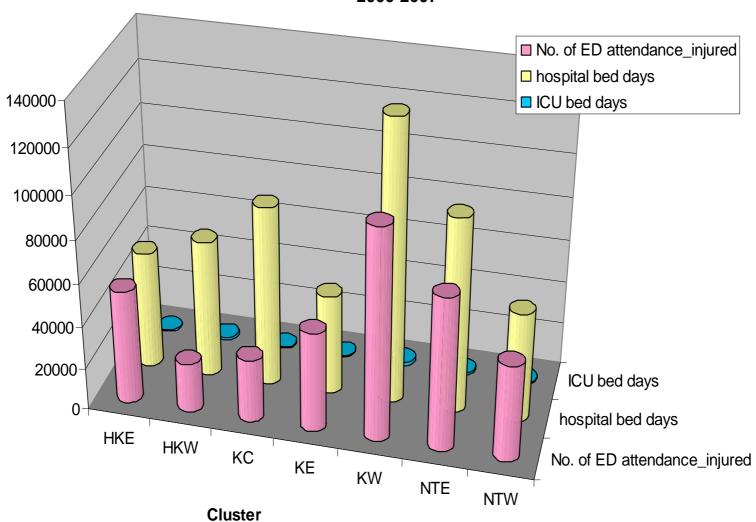
>> HK\$ 4,389 million<<

^σ Median Monthly Income from Main Employment, census and statistic department Ψ Registered Injured Mortalities

Annual case load of Injury type vs District



Average annual injured case load and bed days 2000-2007



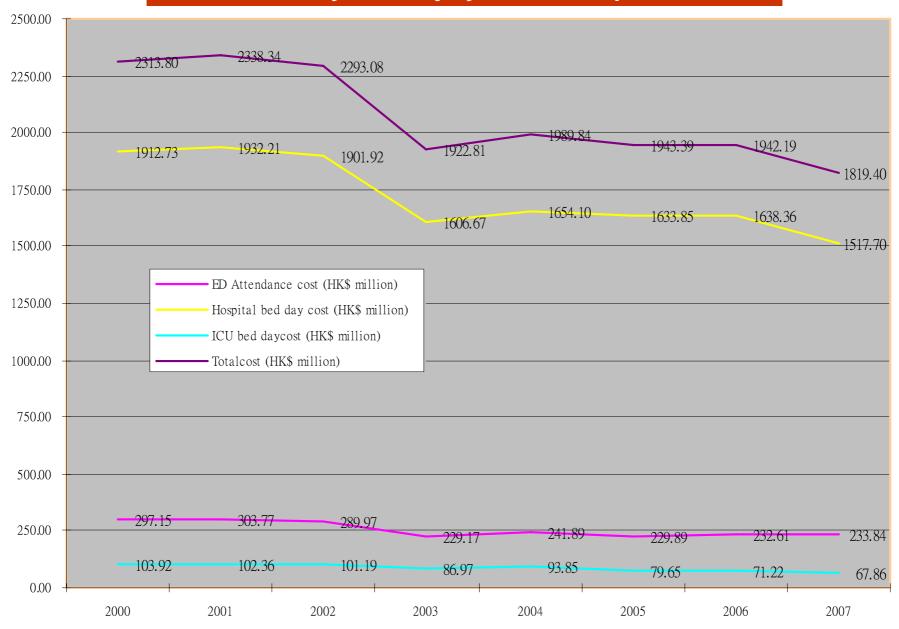
Cost impact on ED attendance, hospital bed days and ICU bed days

Year	ED Attendance cost (HK\$ Million)	Hospital bed day cost (HK\$ Million)	ICU bed day Cost (HK\$ Million)	Total cost (HK\$ Million)
2000	297.15	1,912.73	103.92	2,313.80
2001	303.77	1,932.21	102.36	2,338.34
2002	289.97	1,901.92	101.19	2,293.08
2003	229.17	1,606.67	86.97	1,922.81
2004	241.89	1,654.10	93.85	1,989.84
2005	229.89	1,633.85	79.65	1,943.39
2006	232.61	1,638.36	71.22	1,942.19
2007	233.84	1,517.70	67.86	1,819.40
Average	257.29	1,724.69	88.38	2,070.36

HK\$ 2,070 million direct injury cost per year

Source: CDARS A&E attendance analysis Inpatient cohort analysis HA statistic report 2000-2006

Trend analysis of injury related hospital cost



HK \$5.4 million per 1,000 injury related ED attendance

Resource consumption	Cost estimation
1,000 ED attendance	HK\$ 700,000.00
130 hospital admissions	
38 related Emergency operations	
1,427 hospital bed days (average LOS :10.98)	HK\$ 4,709,100.00
17 ICU bed days (0.13 day / admission)	HK\$ 236,300.00
Total cost	HK\$ 5,409,100.00

Predicted cost reduction by % of injury related ED attendance

	Predicted cost reduction				
	1%	5%	10%	15%	20%
Reduced no. of ED attendance	3676	18380	36760	55140	73520
Reduced no. of Hospital admissions	471	2355	4710	7065	9420
Reduced no. of emergency operations	136	680	1360	2040	2720
Reduced no. of Hospital Bed day consumptions	5115	25575	51150	76725	102300
Reduced no. of ICU bed day consumptions	61	305	610	915	1220
Injury cost saving (HK\$ million)	20.3	101.5	203.0	304.5	406.0

Injury \(\stacking \) Accident

Injury could be prevented





Department of Public Health Sciences
Division of
Social Medicine

WHO Collaborating Centre on Community Safety Promotion

Safe Communities

A "Safe Community" can be a: Municipality; a County; a City or a District of a City working with safety promotion, Injury-, Violence-, Suicide- and Natural Disaster prevention, covering all age groups, gender and areas and is a part of an international network of accredited programmes.

Coordinate resources in Kwai Tsing Community to conduct comprehensive and systematic community diagnosis, then identify, develop and implement promotional and educational improvement program to reduce injuries and promote health in the community.







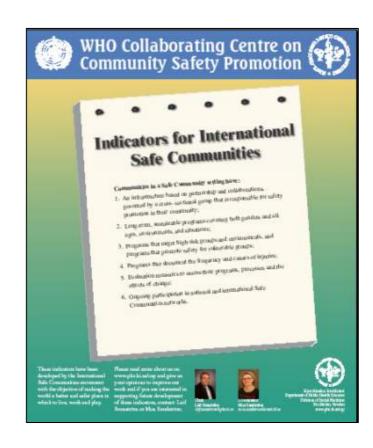




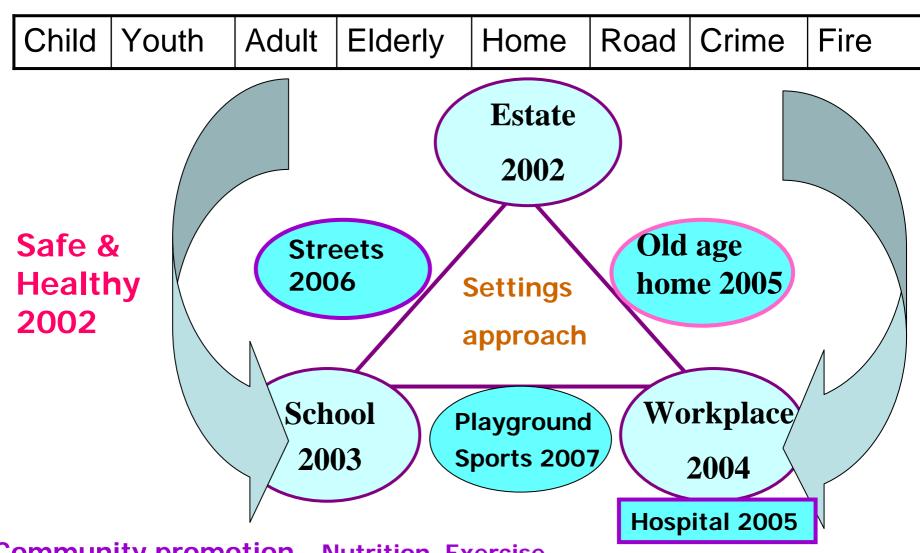


Safe Communities have:

- An infrastructure based on partnership and collaborations, governed by a cross-sectional group that is responsible for safety promotion in their community;
- Long-term, sustainable programs covering both genders and all ages, environments, and situations;
- Programs that target high-risk groups and environments, and programs that promote safety for vulnerable groups;
- Programs that document the frequency and causes of injuries;
- Evaluation measures to assess their programs, processes and the effects of change;
- Ongoing participation in national and international Safe Communities networks.



Safety for ALL - 2000



<u>Community promotion</u> – Nutrition, Exercise, Infection, Fall, Mental health, Emergency response







Safe homes





Safe & Healthy Estate



Safe and Healthy Community Safe and Healthy Workplaces



Safe and Healthy

Elderly homes



Safe Schools



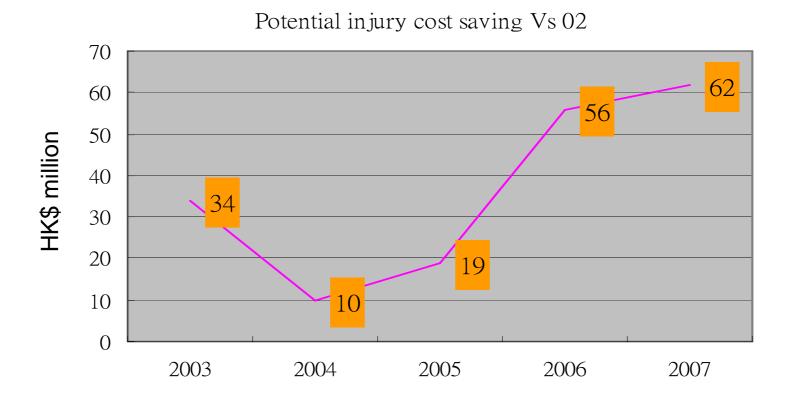






Kwai Tsing Safe Community

 Kwai Tsing has achieved a reduction of 30% of injuries in 5 years through strategically planned projects with collaborative efforts among all sectors in the community.



Estimation of cost benefit ratio

Assume the injury prevention contribute to **20% of the injury cost reduction**

The Cost-Benefit Ratio would be equal to

HK\$ 181,000,000.00 (injury cost saving) * 20% / HK\$ 7,438,179.5 (funding input for 5 yrs)

The gross estimated cost benefit ratio would be 4.87

(discounted present values are not processed)

Note

¹⁾ Setup the safety promotion and injury prevention center (HK\$ 200,000.00)

²⁾ New GIS injury surveillance system (HK\$800, 000.00)

Safety for ALL - 2000

Child Youth Adult Elderly Home Road Crime Fire

Injury Database

- AEIS Accident & Emergency Information System
- CDARS Hospital admissions
- Child abuse registry of SWD
- Traffic accident database Police
- Crime rate Police
- Fire outbreaks Fire Services Department
- Ad hoc surveys

Step forward - 1:

Establish NEW injury surveillance system based on ICECI at AED

Supported by OSHC 2005

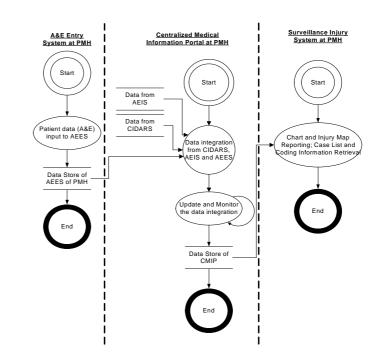
- residential address
- place
- activity
- intent
- mechanism
- nature and type of injury
- severity
- alcohol

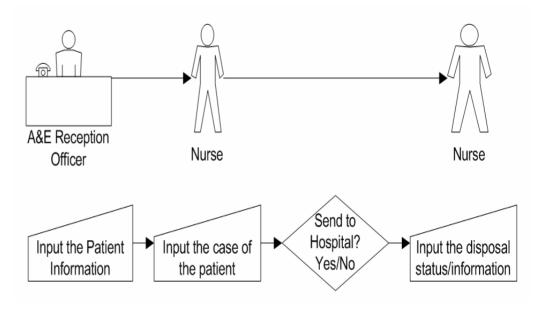
Injury surveillance

- 1. Injury surveillance is a **crucial first step** for reducing the burden of injury worldwide
- 2. Quantify the **health burden** of injury
- 3. Quantify the **financial burden** of injury
- 4. Identify possible risk factors
- 5. Stimulate epidemiologic research
- 6. Evaluate the effectiveness of injury prevention programs

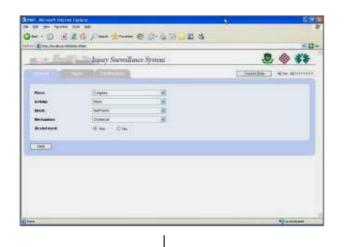
System Development

- Local classification of injury
- 2. Workflow analysis
- 3. User interface design
- 4. Prototype development
- 5. System evaluation





User interface design

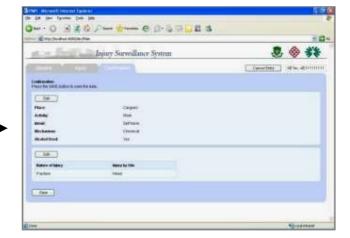


| Description |

Minimal stages for data entry

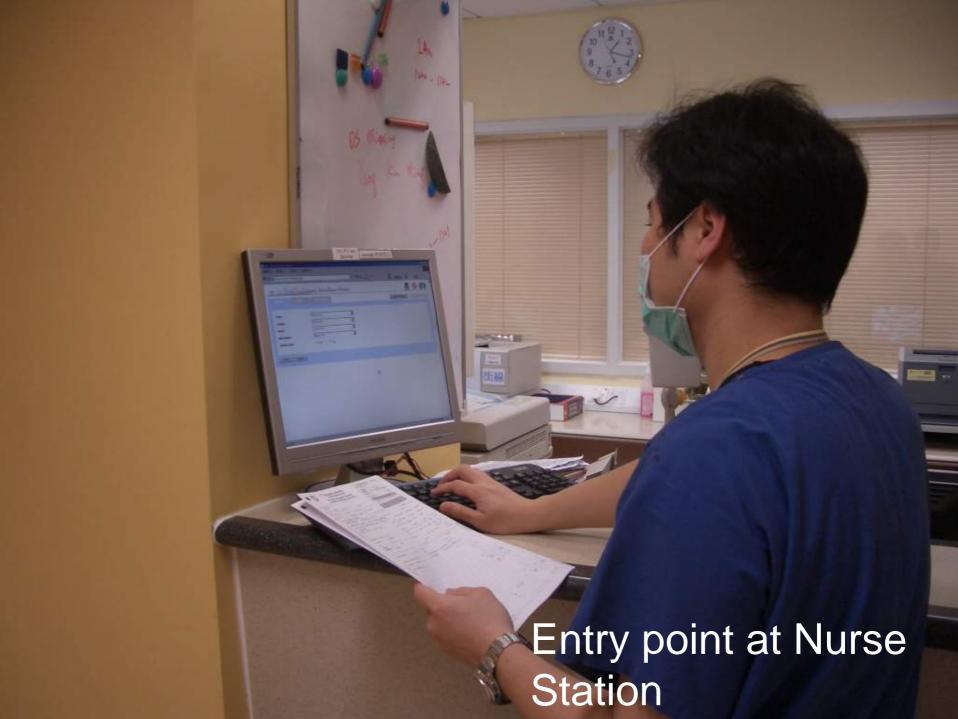
Fit the actual situation of ED triage process Simple and efficiency

Time needed: 12 seconds









Reporting-1



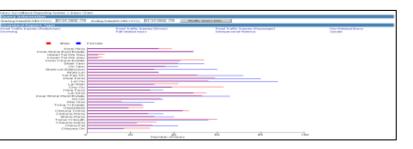
Standard reporting – preset format



Reporting by ICD injury coding

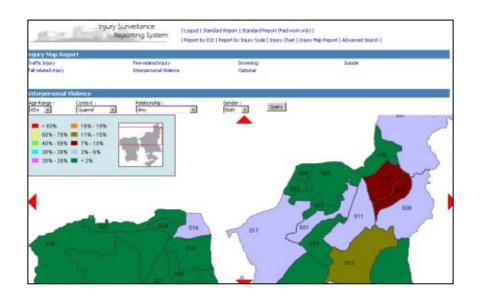


Reporting by AIS scale

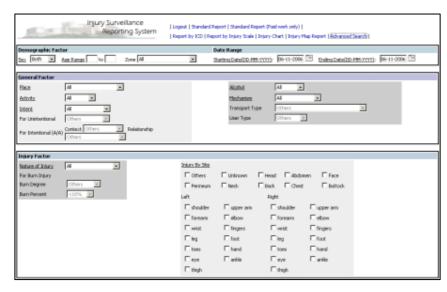


Injury charts

Reporting-2



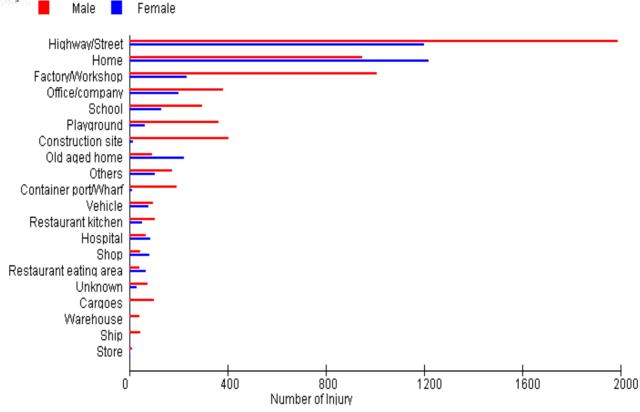
Injury maps



Scenario based search

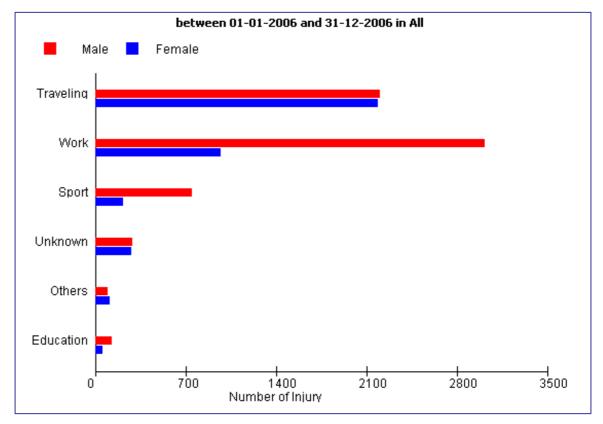
- 1. Highway/Street(30.86%)
- 2. Home(21.00%)
- 3. Factory/Workshop(12.05%)
- 4. Office/company(5.64%)
- 5. School(4.15%)
- 6. Playground(4.15%)
- 7. Construction site(4.10%)
- 8. Old aged home(3.10%)
- 9. Others(2.72%)
- 10. Container port/Wharf(2.00%)

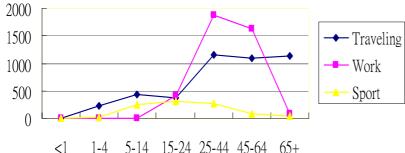
Number of Injuries by Place of Occurence & Sex between 01-01-2006 and 31-12-2006 in All



Top leading activities when injured were:

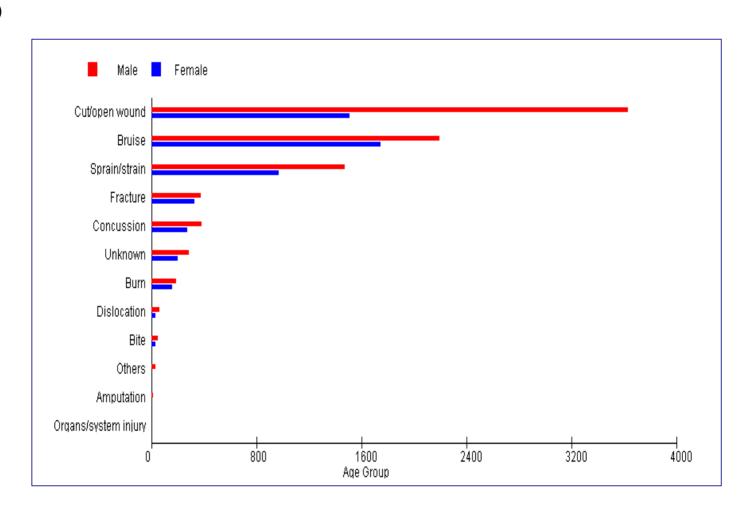
- 1. Traveling(42.55%)
- 2. Work(38.65%)
- 3. Sport(9.37%)
- 4. Unknown(5.51%)
- 5. Others(2.10%)
- 6. Education(1.82%)



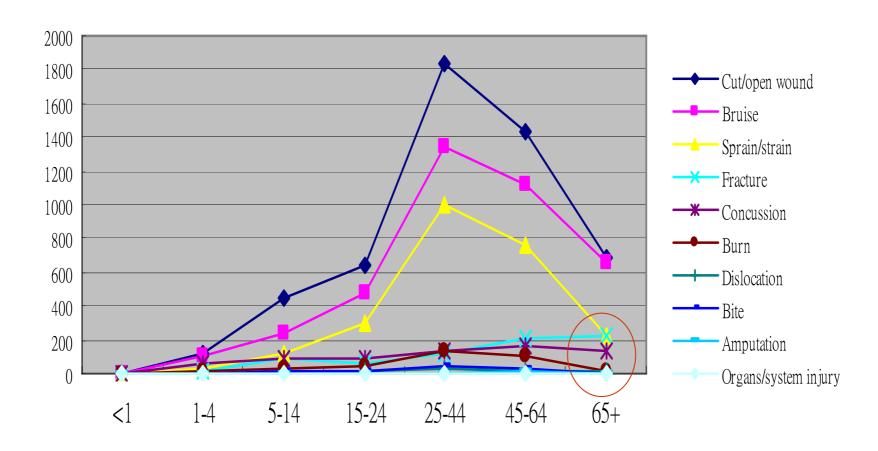


Top ten leading types of injury

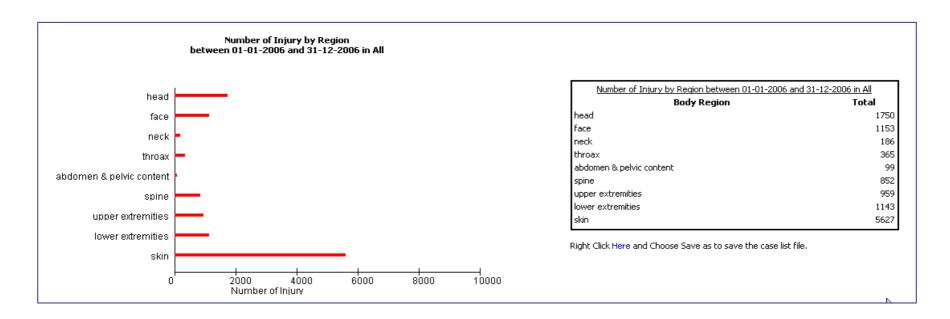
- 1. Cut/open wound(36.78%)
- 2. Bruise(28.19%)
- 3. Sprain/strain(17.48%)
- 4. Fracture(5.05%)
- 5. Concussion(4.71%)
- 6. Unknown(3.50%)
- 7. Burn(2.51%)
- 8. Dislocation(0.69%)
- 9. Bite(0.64%)
- 10. Others(0.26%)



Age distribution of injury type



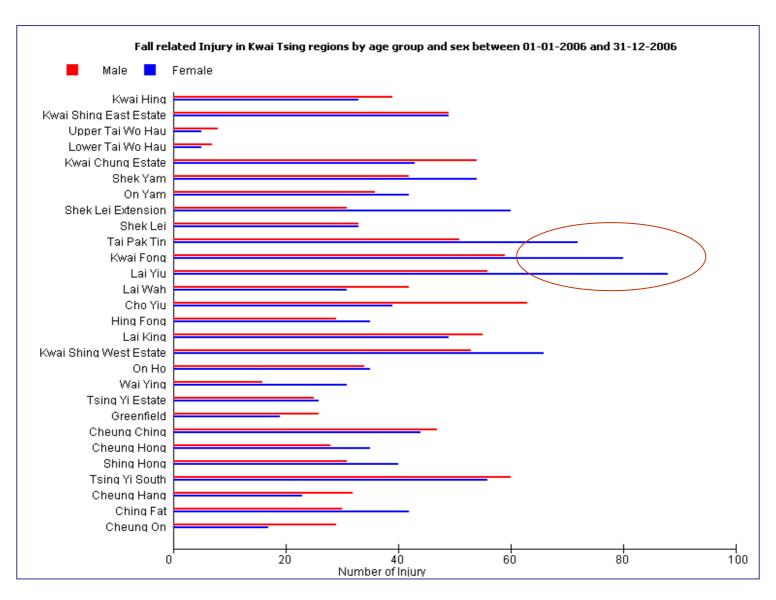
Number of Injury by Region



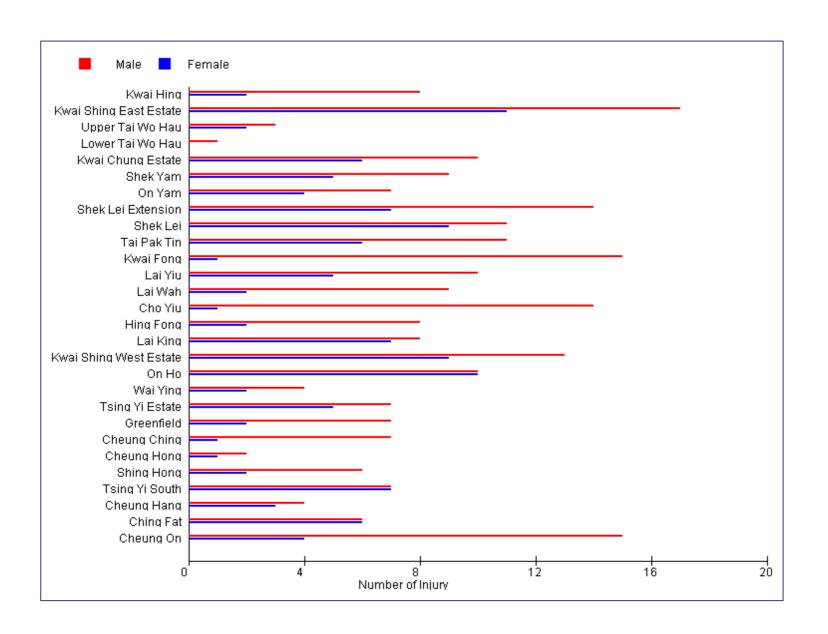
Body Region by Activity

Body Region (0 - 80) between 01-01-2006 and 31-12-2006 in All									
					Body Region				
Activity when Injured	head	face	neck	throax	abdomen & pelvic content	spine	upper extremities	lower extremities	skin
Others	2.63%	2.08%	1.61%	2.74%	3.03%	1.41%	0.94%	1.31%	1.28%
Unknown	6.97%	4.77%	6.99%	4.93%	5.05%	2.82%	3.65%	3,32%	3.18%
Work	24.34%	23.94%	31.18%	30.96%	26.26%	54.81%	34.10%	30.01%	36.80%
Education	3.09%	2,52%	1.08%	0.27%	3.03%	0.59%	2.19%	0.96%	1.19%
Sport	7.94%	11.45%	5.91%	5.21%	5.05%	4.11%	18.87%	20,30%	4.87%
Traveling	53.71%	51.00%	53,23%	54.52%	57.58%	31.46%	34.20%	38.06%	29.31%

Injury Chart – Fall injury



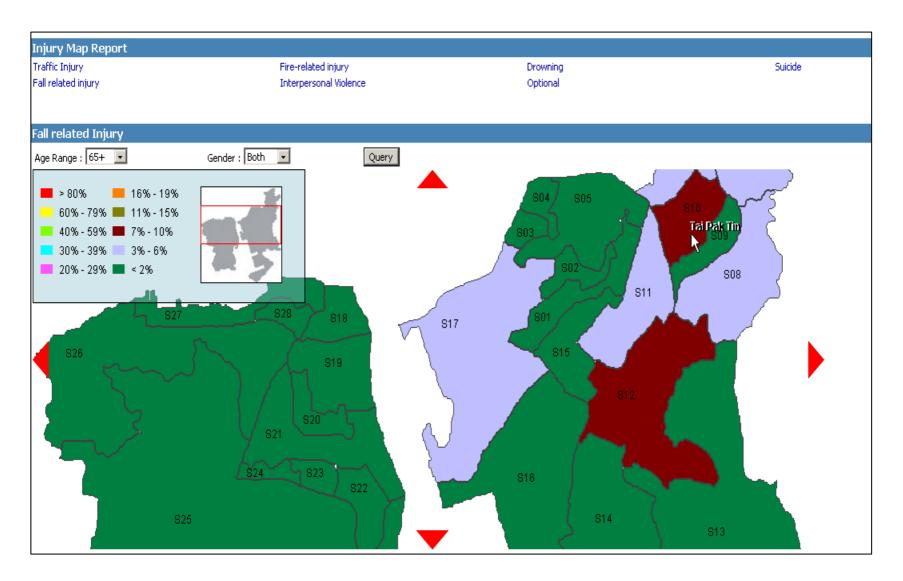
Injury Chart — Interpersonal Violence



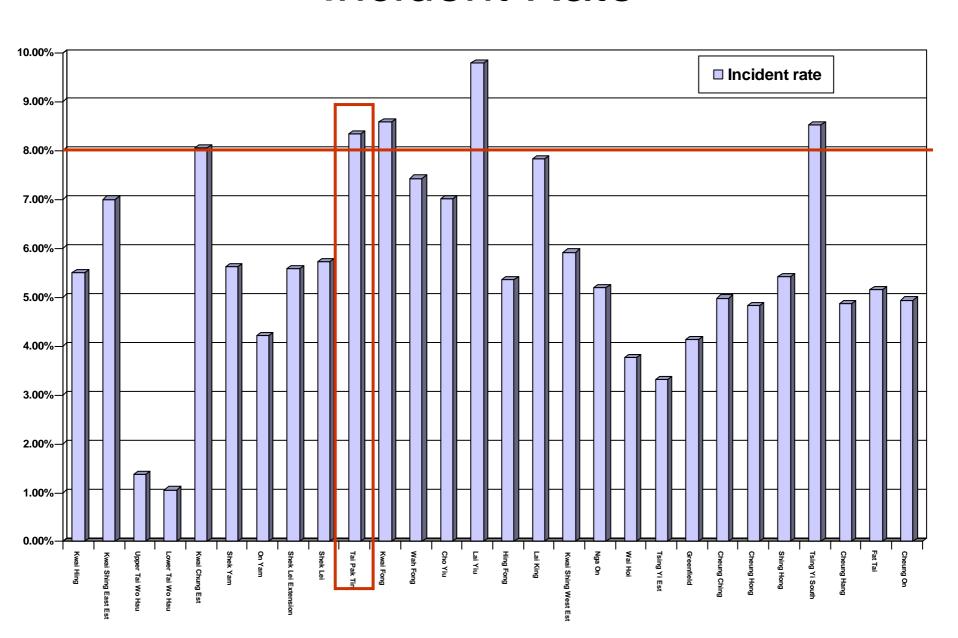
Risk factors identified by incident

Place of occurrence	Highway/ Street 17.4%	Home 11.8%	Factory/ Workshop 6.7%	Office/ Company 3.18%	Construction site 2.31%	Playgroun d 2.34%	School 2.34%
Activity	Traveling 24%	Work 21.8*	Sport 5.3%	Education 1.02%			
Cause of injury	Other blunt force 20.5%	Fall 21.8%	Stab/Cut 6.02%	Traffic injury 3.69%	Fire/Heat Lifting 1.1% 0.75%		
Age groups	>65 15.24%	25-34 15.02%	45-54 16.97%				
Injury by Site	Skin 1.17%	Head 10.96%	Lower limbs 14.76%	Face 5.76%	Upper limbs 14.56%		

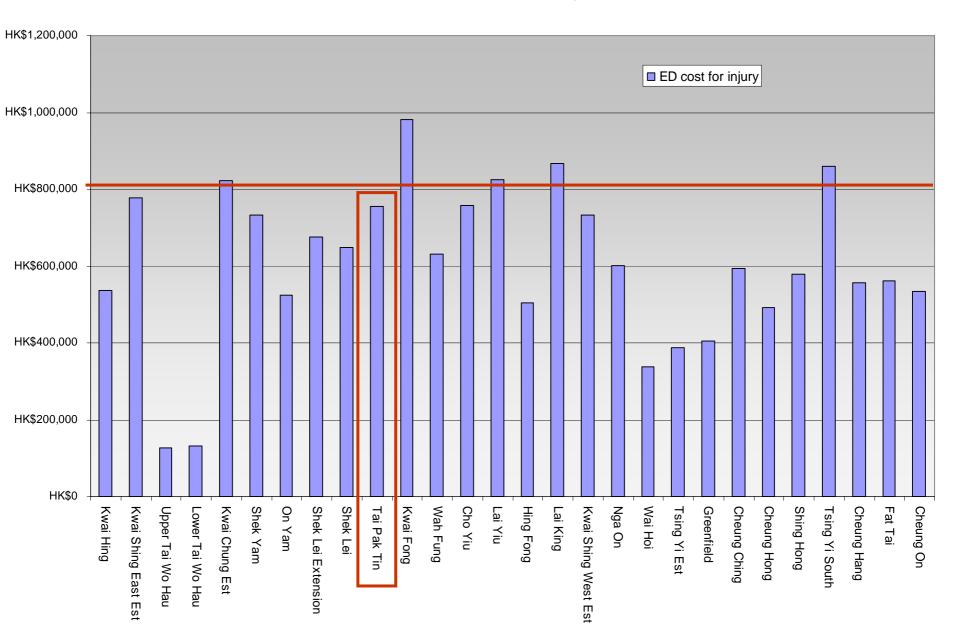
Injury Map



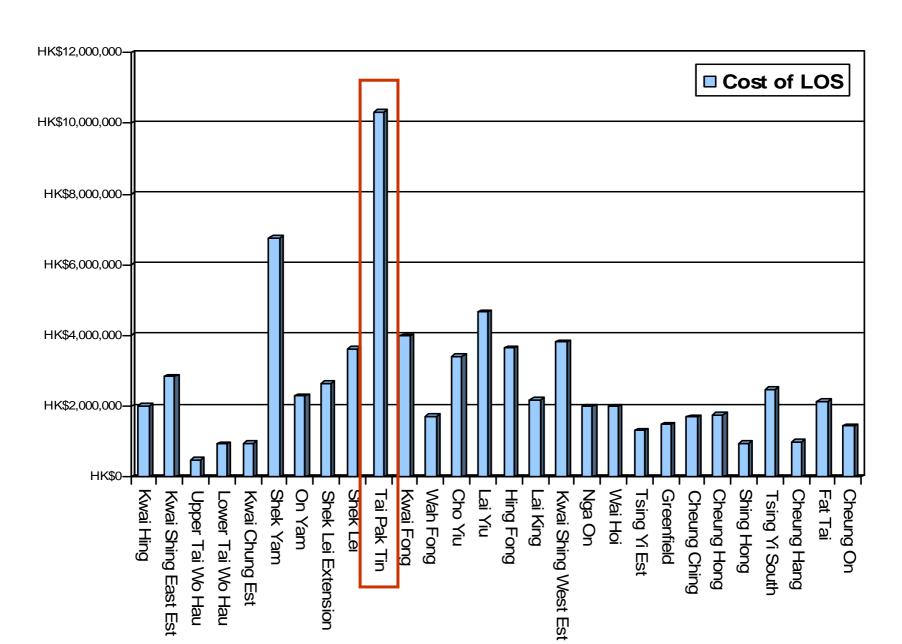
Incident Rate



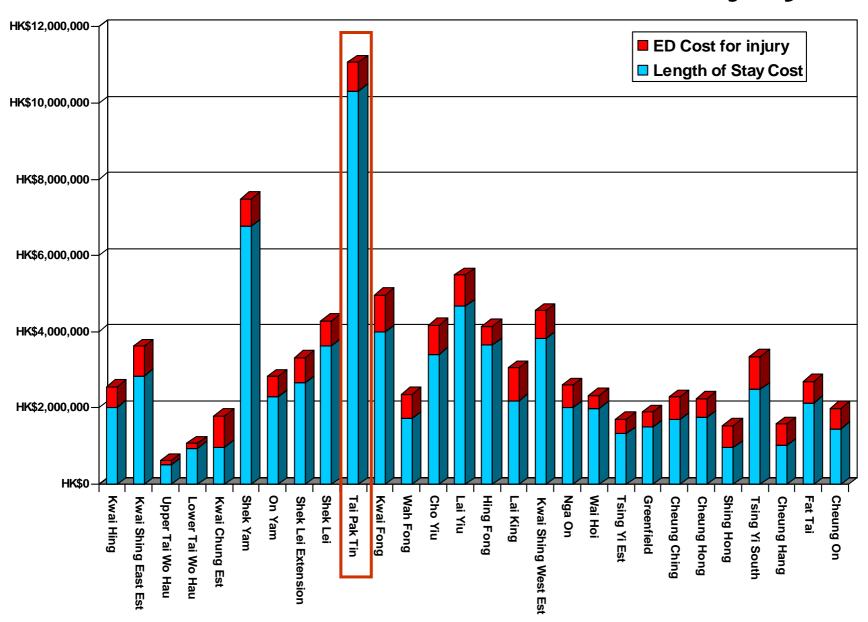
ED cost for injury



Hospital Length of Stay Cost



Total Direct Medical Cost of Injury



Fall Prevalence – Kwai Tsing

- Total injury attendance 30,000
- Total Fall cases 2217 (21% of all captured cases)
- Male : Female (4.8 : 5.2)
- Overall Incident rate for fall is
 4.2 in 1000 people per year
- 20% required admission
- Top 3 areas for fall :
 - 1. Lai Yiu
 - 2. Tai Pak Tin
 - 3. Kwai Shing West Est.

Kwai Hing	72	3.25%	4.2
Kwai Shing East Est	98	4.42%	5
Upper Tai Wo Hau	13	0.59%	0.8
Lower Tai Wo Hau	12	0.54%	0.5
Kwai Chung Est	97	4.38%	5.4
Shek Yam	96	4.33%	4.2
On Yam	78	3.52%	3.6
Shek Lei Extension	91	4.10%	4.3
Shek Lei	66	2.98%	3.3
Tai Pak Tin	123	5.55%	7.7
Kwai Fong	139	6.27%	6.9
Lei Weh	73	3.29%	4.9
Cho Yiu	102	4.60%	5.4
Lei Yiu	144	6.50%	9.7
Hing Fong	64	2.89%	3.9
Lei King	104	4.69%	5.3
Kwai Shing West Est	119	5.37%	5.5
On Ho	69	3.11%	3.4
Wai Ying	47	2.12%	3
Tsing Yi Est	51	2.30%	2.5
Greenfield	45	2.03%	2.6
Cheung Ching	91	4.10%	4.4
Cheung Hong	63	2.84%	3.5
Shing Hong	71	3.20%	3.8
Tsing Yi South	116	5.23%	6.6
Cheung Hang	55	2.48%	2.7
Cheung Fat	72	3.25%	3.8
Cheung On	46	2.07%	2.4

Injuries in Tai Pak Tin

Number of samples : 404

• Gender : M:F= 201 : 203

Age : Range 3 yrs old to 102 yrs

Standard deviation: 28.53 yrs

Mean age: **59.81 yrs**

Medical history (52%, n = 210)

- CVA = 60
- Dementia = 25
- DM = 24
- HT = 19
- Psychiatric = 8
- Asthma = 8

Majority of the victims are elderly, half of them with pre-existing medical problem like CVA and Dementia

Falls in Tai Pak Tin (n=160)

No. of repeated episodes (n=99, 25%)
42 cases with repeated injury (38 cases lived in OAH)

26 cases with repeated injury for 2 x 14 cases with repeated injury for 3 x 2 cases with repeated injury for 4 x 1 case with repeated injury for 5 x

30 cases with medical history (neuro = 9, CVS = 6, CVA = 5)

No. of live alone = 3

There were 42 cases identified with repeated injuries, they responsible for 99 episode, 25% of all the injury cases. Majority of the event occurred in OAH

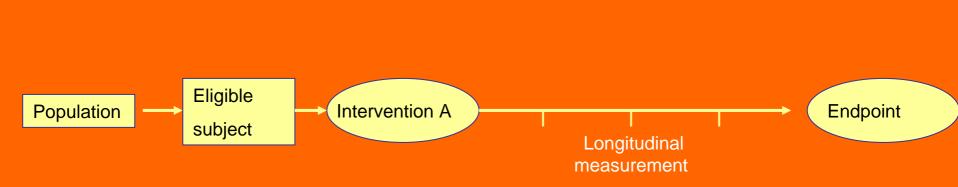
Environmental analysis – RCHE

ОАН	No. of case	Fell	Fell in toilet	Fell from Bed	Fell from Chair	Fell from wheelchair	Other Blunt force	Street	Restaurant	Cut	Collapsed	Unknown
OAH1	4	0	2	0	1	0	1	0	0	0	0	0
OAH2	1	1	0	0	0	0	0	0	0	0	0	0
OAH3	8	4	0	0	2	1	0	0	0	0	0	1
OAH4	1	1	0	0	0	0	0	0	0	0	0	0
OAH5	7	3	0	2	1	0	0	1	0	0	0	0
OAH6	12	4	2	3	0	0	2	0	0	0	0	1
OAH7	18	5	3	4	2	1	1	0	0	1	1	0
OAH8	5	თ	0	0	0	0	1	1	0	0	0	0
OAH9	21	7	2	9	0	0	0	1	1	0	0	1
OAH10	6	2	3	0	0	0	0	0	0	0	0	1
OAH11	3	1	1	1	0	0	0	0	0	0	0	0
OAH12	1	0	0	1	0	0	0	0	0	0	0	0
OAH13	11	5	3	1	1	0	0	0	0	0	0	1
OAH14	53	23	4	9	1	2	5	3	0	1	2	3
OAH15	6	1	2	2	0	0	1	0	0	0	0	0
OAH16	13	5	5	1	1	0	0	0	0	0	1	0
Total	170	65	27	33	9	4	11	6	1	2	4	8

Identified problems

- Elderly fall injury in OAH (n=170)
- Repeat elderly fall cases (n=43, 99 episode)
- Special measure/management to the toilets for elderly (n=30, 27 in OAH)
- Outdoor injury: n=35 (exact location could not be identified at the moment)
- High risk group with special medical history like CVA, HT and dementia

Pilot of injury reporting and prevention in RCHE



Collaboration with SWD for community base injury prevention program

- Task group formation with domain knowledge input and support from government agency
- To design and implement on-site assessment
- To design targeted interventions with reference to aggregated data from ED surveillance and on-site assessment
- To implement the planned action with agreed time frame
- Two months counted from the start of intervention (two months intervals)

2nd version

Development of 2nd version injury surveillance

A New System with Geographical Information System

GIS

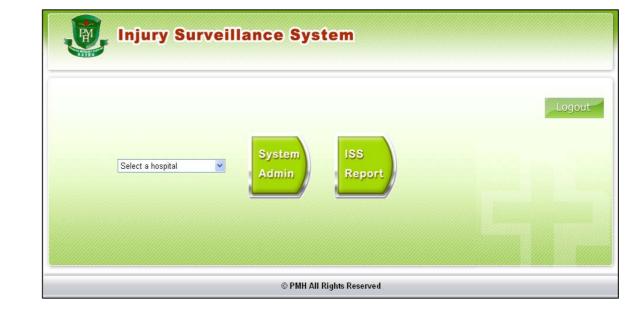
supported by KT DC

In progress



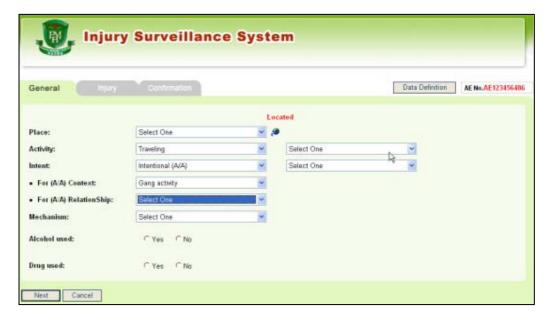
New interface design

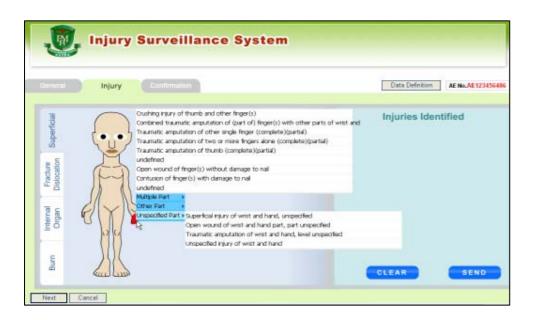
Multi-centered
Injury
surveillance
system



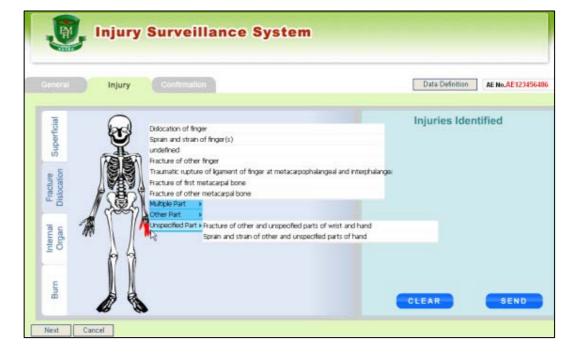


GIS for injury event





2D body map for ICD 10 injury coding





Injury Surveillance System

Genera

O EIA

Confirmation

Data Definition

AE No.AE123456486

Confirmation

Press the Save button to save the data.

Edit

Place: Highway/Street

Activity: Traveling Private

Intent: Intentional (A/A)

• For (A/A) Context: Gang activity

• For (A/A) Relationship: Classmates/schoolmates

Mechanism: Trap
Alocohol: Yes

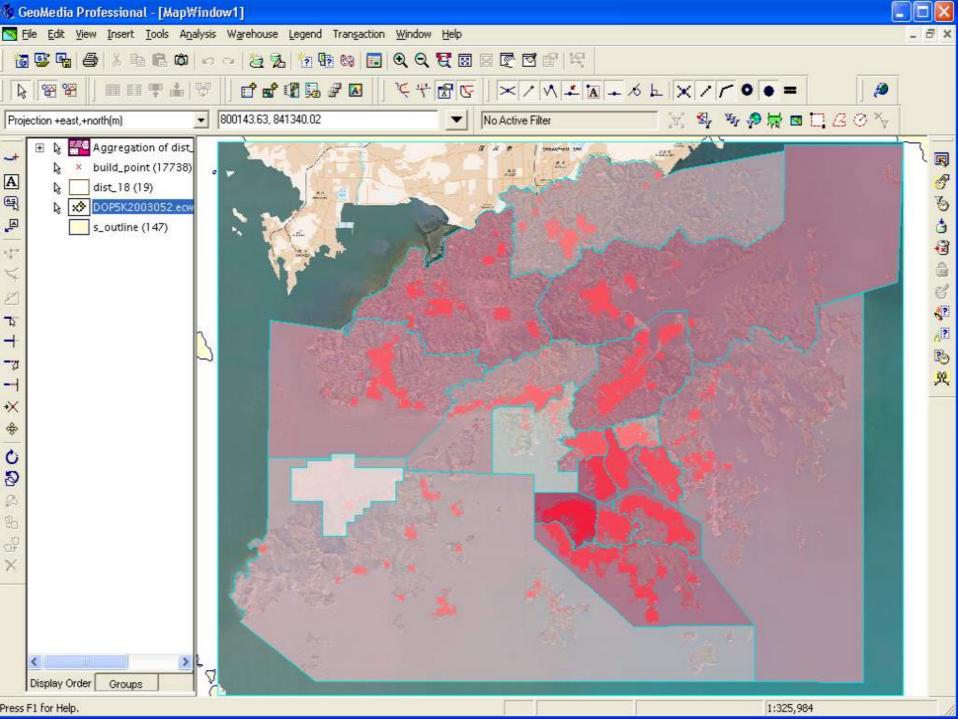
Drug: Yes

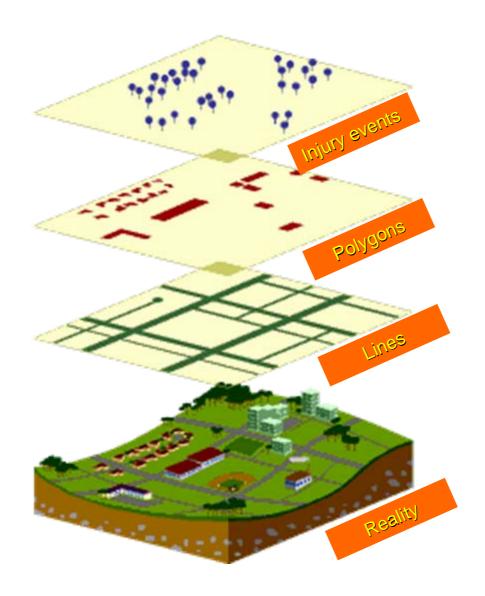
Save

Cancel

Edit

Nature of Injury	Injury by Site			
D/S/S	Sprain and strain of other and unspecified parts of hand			
Fracture	Fracture of other and unspecified parts of wrist and hand			
	Multiple fractures of metacarpal bones			





Correlation studies. digitalized geo-coding of injury events

Spatial analysis by maps tools.

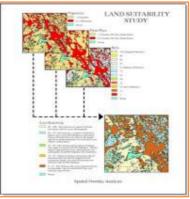
Clustering and evaluate the relationship to the location of polygons/facilities.

Inferential statistics will be employed to identify the identification of clusters of excess or clustered of deficit given by road casualty weighted road density exposure.

Buffer analysis



Map overlay



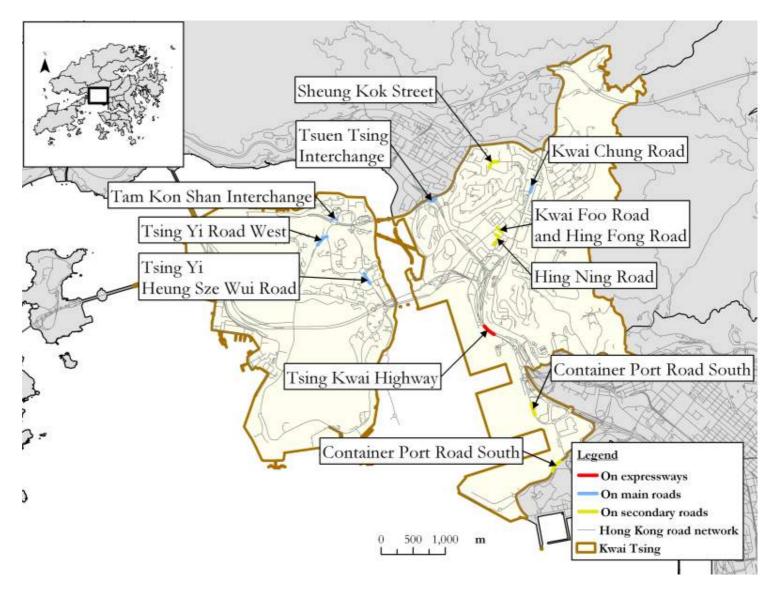
Proximities analysis



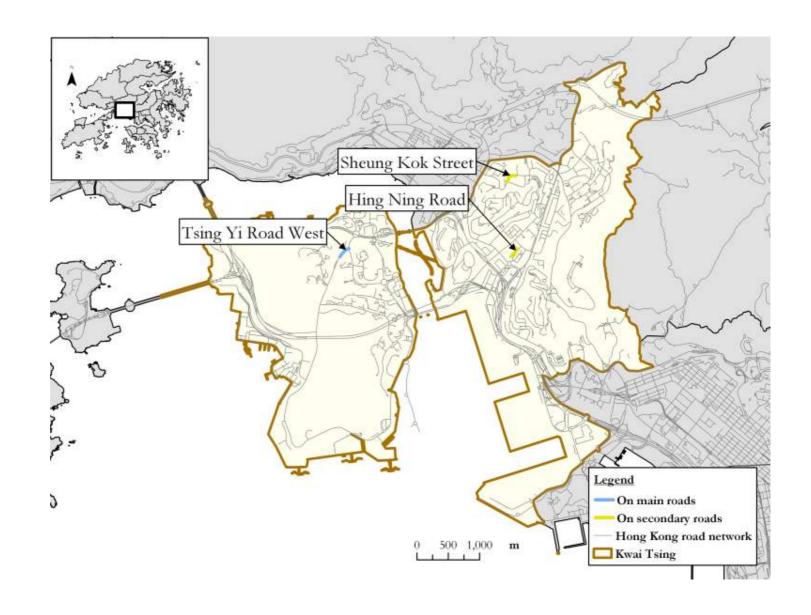
Network analysis



Hot zones for 6 crashes or more in Kwai Tsing District in 2006



26 Hot zones for 8 crashes or more in Kwai Tsing District in 2006













Step forward - 2:

Target injury prevention program

Step forward - 3:

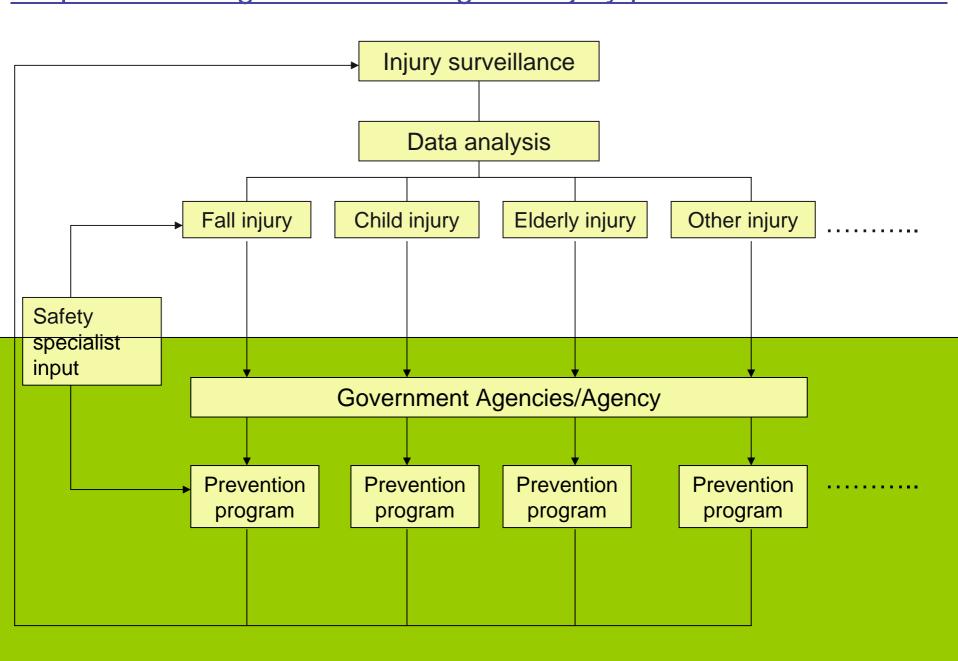
Establish

Injury prevention and Safety Promotion Centre

Injury Prevention and Safety Promotion center

- Established in Dec 2007
- Located in the CHRC, Princess Margaret Hospital
- Injury surveillance and programming
- Coordinate and manage various Prevention programs
- Research and Statistics
- Report distribution
- Liaison with government agencies

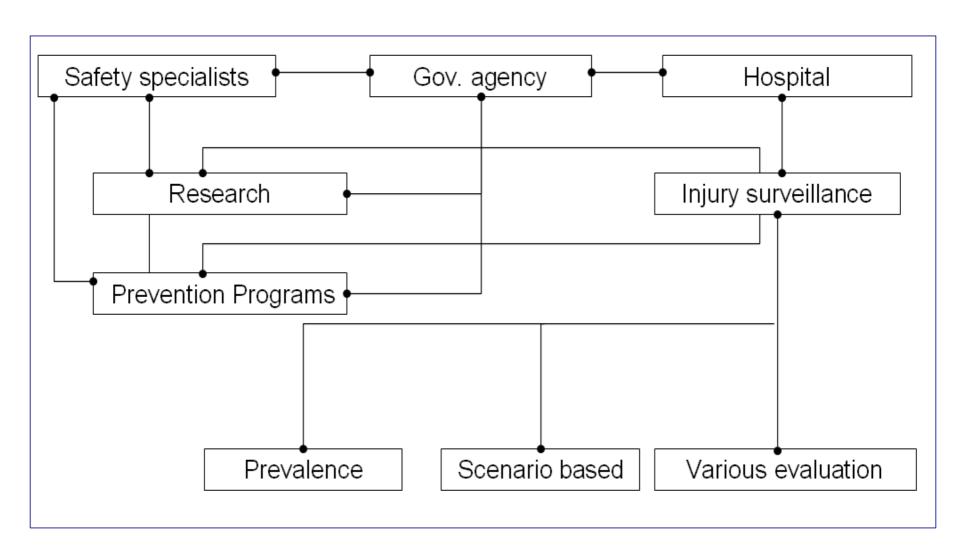
Proposed strategic model of targeted injury prevention and control



Collaboration mechanism of injury

prevention and control (Kwai Tsing) - illustrated by

objected oriented model



Conclusion

 Injury is an serious health problem; because of its impact on health; including premature death, disabilities and the burden on our health care system

CDC's Injury Center

Safe community is an proved model for injury prevention

WHO Collaborting Centers on Safey Promotion and Injury Prevention, Conceptual and Operational Aspects. Quebec 1998.

 The first core task of health sector recommended by WHO would be a surveillance system,

Regional Framework for Action on Injury and Violence Prevention 2006-2010 (by WHO, Western Pacific Regional Office)

 Injury prevention and safety promotion center help prevention and control of injuries. Safe Community is

Cost Effectiveness

&

High Cost Benefit Ratio

Thank you

